**TEAM:** _____ **DATE:**

| | BATTING ORDER | # | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|---|---|---|---|---|---|---|---|---|---|
| 1 | | | | | | | | | |
| 2 | | | | | | | | | |
| 3 | | | | | | | | | |
| 4 | | | | | | | | | |
| 5 | | | | | | | | | |
| 6 | | | | | | | | | |
| 7 | | | | | | | | | |
| 8 | | | | | | | | | |
| 9 | | | | | | | | | |
| 10 | | | | | | | | | |
| 11 | | | | | | | | | |
| 12 | | | | | | | | | |
| 13 | | | | | | | | | |

| PITCHERS | # | LEAGUE AGE | PITCH COUNT |
|---|---|---|---|
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |

**PITCH LIMITS & DAYS REST**

6-8 yrs. = 50 pitches p/day
9-10 yrs. = 75 pitches p/day
11-12 yrs. = 85 pitches p/day

1-20 pitches = 0 Days Rest
21-35 pitches = 1 Day Rest
36-50 pitches = 2 Days Rest
51-65 pitches = 3 Days Rest
66+ pitches = 4 Days Rest

| TEAMS | 1 | 2 | 3 | 4 | 5 | 6 | 7 | FINAL |
|---|---|---|---|---|---|---|---|---|
| | | | | | | | | |
| | | | | | | | | |